

KIPPAX LEISURE CENTRE

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Swimming Pool Timetable

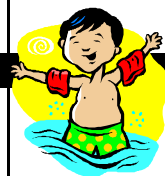
Tel: 0113 286 8882

Monday	Activity
06.45 - 09:00	Adults Only
09:00 - 10:30	Public Swimming
10:00 - 10:30	Water Babies Course
11:30 - 16:00	Public Swimming
14:00 - 14:30	Waterbabies Course
15:30 - 18:15	Swimming Lessons
18:00 - 19:30	Public Swimming
19:30 - 20:30	Kippax Sub Aqua Club
20:30 - 21:15	Ladies Only
21:15 - 22:00	Adults Only

Tuesday	Activity
08:15 - 09:00	Adults Only
09:00 - 14:30	Public Swimming
12:00 - 13:00	Adult Swimming Lesson
14:30 - 16:00	Staff Training
16:00 - 18:00	Swimming Lessons
17:30 - 19:00	Public Swimming
19:00 - 20:00	Kingfishers Synchro Club
20:00 - 21:00	Ladies Only
21:00 - 22:00	Adults Only

Wednesday	Activity
08:15 - 09:00	Adults Only
09:00 - 13:30	Public Swimming
10.15 - 11.00	Parent & Baby / Public Deep
13:30 - 14:30	School Lessons
14:30 - 16:00	Over 50's Session
16:00 - 18:30	Swimming Lessons
18:30 - 19:45	E - Group Training
20:05 - 20:50	Aqua Aerobics
21.00 - 22.00	Adults Only

Sunday	Activity
08:00 - 14:00	Public Swimming
09:00 - 12:30	Swimming Lessons
14:00 - 15:00	Fun Float Session
15:15 - 16:15	Pool Party Booking



Updated 02/01/2008

Sunday

16:30 - 18:00
18:00 - 19:00
19:00 - 20:00
20:00 - 21:00

Thursday	Activity
08:15 - 09:00	Adults Only
09:00 - 13:30	Public Swimming
13:30 - 14:30	School Lessons
14:30 - 16:00	Public Swimming
16:00 - 18:00	Swimming Lessons
18:00 - 19:15	E - Group Training
19:20 - 20:45	Public Swimming
20:45 - 22:00	Adults Only

Friday	Activity
08:15 - 09:00	Adults Only
09:00 - 13:30	Public Swimming
09:30 - 10:30	Water Babies Course
13:30 - 14:30	School Lessons
14:30 - 16:00	Public Swimming
15:30 - 18:00	Swimming Lessons
17:30 - 19:00	Public Swimming
19:00 - 19:45	Water Fitness Training
20:00 - 21:15	Kippax A.S.C

Saturday	Activity
08:00 - 12:00	Swimming Lessons
10:00 - 13:15	Public Swimming
13:15 - 14:00	Fun Float Session
14:15 - 15:15	Party Bookings
15:30 - 17:00	Kingfishers Synchro Club

Sunday	Activity
16:30 - 18:00	E - Group Training
18:00 - 19:00	Rothwell A.S.C
19:00 - 20:00	Family Swim
20:00 - 21:00	Adults Only

Please see our accompanying timetable for our range of Fitness classes



All under 8's must be accompanied by a responsible person over the age of 16 years;
One adult can accompany **two** under 8's

During School Holidays the timetable will change. Please pick up a holiday programme for the amended times



Thursday evening 19:30 - 21:30 Lifesaving Courses and / or staff training sessions may be running which will use 2 lanes of the pool

School Lessons run during some daytime Public Sessions
Please ask for further information

